

DORINA BURLACU

CHEF & HEALTHY FOOD CONSULTANT

Chef, consultant & lecturer in health & wellness food. Harvard Medical School graduate and fresh pasta specialist with 30+ years of experience. I innovate to nourish and delight, blending taste with well-being.

WORK EXPERIENCE

Professional Chef

2003 - Today

Lecturer in Culinary Merceology and Nutrition

UNITRE University, 2020 - today

Lecturer in Culinary Medicine

Cucina Evolution Academy, 2019 - 2023

Lecturer in Culinary Nutrition

CESCOT Reggio, 2017 - today

Chef "I Love Italian Food" Events

Montanari & Gruzza S.p.A., London, 2023

Lecturer en Pastry

IAL Emilia Romagna, 2023

Ambassador Italian Regional Cuisine

Italian Cooks Association, Paris, 2022

Chef

Canossa Events, 2021

Chef - Finger Food

SALVATORE FERRAGAMO S.P.A., Cannes, 2018

LANGUAGES

- Advanced English
- Advanced Italian
- Native Romanian

CONTACTS



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Reggio Emilia, Italy

EDUCATION

- **Health and Wellness**

Harvard Medical School
2024

- **Scientific Gastronomy**

University of Parma &
Universitat de Barcelona
2023

- **Innovation and strategy
in agribusiness**

University of Parma
2023

- **Master in Culinary
Nutrition**

Cucina Evolution Academy
2019

- **Pastry & Baking
Techniques**

ALMA (International School of
Italian Cuisine) - 2008

- **Professional Cooking**

ALMA (International School
of Italian Cuisine) - 2008